



# equal futures

Achieve your goals with the help  
of a Smart Circle

- Accomplishing targets together
- Discovering your community
- Connecting with like-minded people

[www.equalfutures.org.uk](http://www.equalfutures.org.uk)

Equal Futures is a registered Scottish charity  
(no. SC033799)

# What we do

We help you find your own Smart Circle:



opportunities

- Your very own Circle Facilitator will meet with you, get to know you and begin to uncover the opportunities that have been waiting for you.
- By introducing you to like minded people and supporting you to connect to your community we can help you to achieve your goals.



achieve

**Is there something you have always wanted to do? Do you want to try something new?**



circle

With a circle around you, the things you have felt unable to do in the past can become achievable.

## Embracing difference



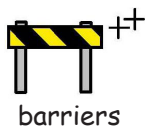
ambition

Every person is different, every circle is different. Your circle can help you whatever your ambition:

- Moving on
- Education or Employment
- Learning a new skill
- Reducing isolation
- Making new relationships



# Barriers people face



People without disabilities face many every day barriers in achieving their goals and connecting to their communities.



Many of us struggle with time management, lack of confidence or motivation. When you have a disability, these issues can be intensified.



Connecting with your community or learning a new skill can feel impossible when additional barriers such as access or communication difficulties are added into the mix.

## How it works



You will be paired with a Volunteer Circle Facilitator who will be based locally to you. Time will be taken to ensure the right match.



Your Facilitator will take time to get to know you, your likes and dislikes and help you identify what you would like to achieve.



Over a period of 6 months to 1 year your Connector will work alongside you to build relationships and community connections in order to achieve your goals.

## What to do next



contact

If you feel you or someone you know could benefit from a Smart Circle you can fill in a referral form online at our website [www.equalfutures.org.uk](http://www.equalfutures.org.uk) or call us on 0131 281 7367.

You can also follow us on Facebook at [www.facebook.com/equalfutures.scotland](http://www.facebook.com/equalfutures.scotland)

“I feel better and stronger with my circle around me.”

